



Press Release

HEALTHY KIDS FAIR ON APRIL 23 CELEBRATES OLYMPIC THEME!

Port Coquitlam, BC – April 21, 2009 . . . Port Coquitlam's fourth annual Healthy Kids Fair invites children aged 0 to 6 and their parents to celebrate the Olympic spirit.

Date: Thursday, April 23rd, 2009
9 am to 12:30 pm

Location: Hyde Creek Recreation Centre
1379 Laurier Avenue (off Coast Meridian)
Port Coquitlam, B.C. Bus Route: C37

Local community partners including the City of Port Coquitlam Parks and Recreation Department, Fraser Health, SHARE Community and Family Services, Simon Fraser Society for Community Living, S.U.C.C.E.S.S., Terry Fox Library, TriCities Early Childhood Development Committee, and YMCA Child Care Resource and Referral are proud to present the Port Coquitlam Healthy Kids Fair. Community organizations will be available to provide parents of tots and preschoolers with information on safety, health, literacy awareness, recreation and other community programs, including child care and preschool.

This year's theme is "Celebrate the Olympics" and, in addition to free children's books, families will also receive mini fun balls as a take home item from this year's event to promote unstructured play as a healthy choice for preschoolers.

Families whose first languages are Cantonese, Mandarin, Korean and Farsi, will have access to interpretation on-site. There will be over 38 interactive displays including a multicultural circle time, story time and Parachute games and relay activities for the little ones. In addition, Port Coquitlam Fire and Rescue will have a fire truck on-site and the RCMP will also have a police cruiser at the event.

Delicious snacks are being catered through the School District #43 Culinary Arts program at Gleneagle Secondary School. All the food served will meet the new Healthy Food Guidelines that have recently been implemented in the School District.

Presenters will NOT include organizations who are selling goods or services.

Admission is free. Non-perishable items are being accepted for the local food bank.

Over 400 attended the 2008 fair, which provided opportunities for families to connect with health and other professionals to learn about typical child development and the services available to support optimal child development in the Tri-Cities.

For more information, contact 604-927-SWIM (7946) or 604-927-7970

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