

Lunch Menu

Snacks

Fresh Fruit	\$0.95
Fruit Cup	\$4.50
Veggie Cup	\$3.50
CLIF Energy Bar	\$2.85
Trail Mix	\$1.75
Candy Bag	\$1.45
Jumbo Sour Key	\$0.70
Gum	\$2.25
Chocolate Bar	\$2.25
Cookie	\$2.50
Chip Bag	\$1.85
Pringles	\$2.35

Hot Foods

💖 Quinoa Teriyaki Bowl	\$7.75	
Thai Curry Rice Bowl	Coming Soon	
Mac n' Cheese	\$4.75	
Fries	Small \$4.00	Large \$5.50
Poutine	\$7.00	
Popcorn Chicken	Small \$5.00	Large \$7.00
Chicken Strips & Fries	\$7.00	
Mr. Noodles	\$3.00	

Burgers & Sandwiches

Smoked Salmon Cream Cheese Bagel	\$5.75
❖ Plant Based Burger	\$7.50
∜ Toasted Plain Bagel	\$2.50
Grilled Cheese	\$3.50
❖ Grilled Chicken Burger	\$8.00
Crispy Chicken Burger	\$7.50
All Beef Hot Dog	\$4.00
5oz Hamburger	\$7.50
5oz Cheeseburger	\$8.25
All Beef Meatball Sub	\$7.50

All burgers come with mayo, lettuce, tomato, onion, and pickles.

Plus Applicable Taxes.

Gluten Free Bread Available +1.00

Add On!

Cheese	\$0.95
Bacon	\$2.00
Gravy	\$0.95

Upgrade your Burger or Sandwich with a side!

Chip Bag	+\$1.50
Pop	+\$2.00
Salad or Fries	+\$3.00
8oz Soup	+\$3.00

Plus Applicable Taxes.

Beverages

Cold Beverages

	Water	\$1.75
	Gatorade	591ML \$2.90 or 710ML \$3.7
	Happy Planet	\$3.95
	Chocolate Milk	\$2.25
W Comments	Juice Box	\$1.50

\$2.25

Hot Beverages

Pop/Bubly

Spirit Bear Coffee	S \$1.60 M \$2.00 L \$ \$2.40
Hot Chocolate	S \$1.60 M \$2.00 L \$ \$2.40
Specialty Coffee	S \$1.85 M \$2.25 L \$ \$2.65

Tea \$2.00 **Apple Cider** \$2.00

Soups & Salads

Daily Soup	8oz \$3.50	12oz \$4.75
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Green Salad \$4.00

Daily Salad Bowl Seasonal Price

Caesar Salad \$5.00

Add Grilled or Crispy Chicken or Plant Based Protein to any salad for \$4.00!

Plus Applicable Taxes.



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Healthy Food Options