

Centennial Pool Drop-In Schedule

In effect June 27-September 6

*Schedule altered during Statutory holidays and subject to change without notice.

**Lifeguards will exercise judgment when schedule conflicts arise.

Main Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10-12pm 2 Exercise/ 4 Lengths	10-11am AQ Fit	10-12pm 2 Exercise/ 4 Lengths	10-11am AQ Fit	10-12pm 2 Exercise/ 4 Lengths	10am - 12pm 2 Exercise/ 4 Lengths	10am - 12pm 2 Exercise/ 4 Lengths
12 - 4pm 1 Length/ Public & Camps	11-12pm 2 Exercise/ 4 Lengths	12 - 4pm 1 Length/ Public & Camps	11-12pm 2 Exercise/ 4 Lengths	12 - 4pm 1 Length/ Public & Camps	12 - 7:30pm Public Swim / 1 Length	12 - 7:30pm Public Swim / 1 Length
4-6pm Lessons/Public	12 - 4pm 1 Length/ Public & Camps	4-6pm Lessons/Public	12 - 4pm 1 Length/ Public & Camps	4-6pm Lessons/Public		
	4-6pm Lessons/Public		4-6pm Lessons/Public			
	6:10-7:05pm AQ Fit					

Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	10:00-11:00am Shallow/Deep With Sonia		10:00-11:00am Shallow/Deep With Sonia			
	6:10-7:05pm Shallow/Deep With Nancy					

Centennial Outdoor Pool 3050 Chester St. | 604.941.9322

Register at portcoquitlam.ca/register



PORT COQUITLAM
RECREATION