CITY OF PORT COQUITLAM

Fall **2026**

Port Coquitlam Community Centre

Drop-In Schedule

In effect Oct 19 - Dec 18

***Schedule altered during Statutory holidays and subject to change without notice.**

****Lifeguards will exercise judgment when schedule conflicts arise.**

Leisure Pool

General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am - 4pm Public Swim	**6am - 9am** Public Swim	**6am - 4pm** Public Swim	**6am - 9am** Public Swim	**6am - 4pm** Public Swim	**10:30am - 1pm** Public Swim/ Lessons	**10:30am - 1pm** Public Swim/ Lessons
4:00-6:15pm Public Swim / User Group/Lessons	**9 - 11:15am** Public Swim/ Lessons	**4:00-6:15pm** Public Swim / User Group/Lessons	**9 - 11:15am** Public Swim/ Lessons	**4 - 6:15pm** Public Swim/ Lessons	**1pm - 3pm** Running Mat/ Public Swim	**1 - 9pm** Public Swim
6:15-7pm Public Swim	**11:15 - 4pm** Public Swim / Light Fit/Sensory Swim	**6:15-7pm** Public Swim	**11:15 - 3pm** Public Swim	**6:15 - 10pm** Public Swim	**3pm - 9pm** Public	
7-8pm Public Swim/ Lessons	**4 - 6pm** Public Swim/User Group (5-5:45pm)/ Lessons	**7-8pm** Public Swim/ Lessons	**3 - 4:30pm** Public Swim/ Sensory Swim			
8-10pm Public Swim	**6:15 - 10pm** Public Swim	**8-10pm** Public Swim	**4:30 - 6:15pm** Public Swim/ Lessons			
			6:15 - 10pm Public Swim			

Port Coquitlam Community Centre | 2150 Wilson Ave | **604.927.7529**

Register at **portcoquitlam.ca/register**

PORT COQUITLAM RECREATION

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Lengths

General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am - 10pm 1 Unstructured/ 1 Length	**6am - 12:30pm** 1 Unstructured/ 1 Length **12:30-2pm** Sensory Swim 1 Unstructured/ 1 Length **2:00 - 5:00pm** 1 Unstructured/ 1 Length **6:00 - 10:00pm** 1 Unstructured/ 1 Length	**6am - 10pm** 1 Unstructured/ 1 Length	**6am - 3:00pm** 1 Unstructured/ 1 Length **3:00 - 4:30pm** Sensory Swim 1 Unstructured/ 1 Length **4:30 - 10:00pm** 1 Unstructured/ 1 Length	**6am - 10pm** 1 Unstructured/ 1 Length	**10:30 - 1pm** 1 Unstructured/ 1 Length **1 - 3pm** Running Mat **3 - 9pm** 1 Unstructured/ 1 Length	**10:30am - 9pm** 1 Unstructured/ 1 Length

Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Aqua Light Fit Express 11:45-12:30pm With Lesile					

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