

Aquatics Drop-In Schedule

Hyde Creek Recreation Centre



Main Pool (Public and Length Lanes)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 6 am - 10pm	General Hours 6am - 10pm	General Hours 8am - 9pm	General Hours 8am - 9pm
6am - 12pm 5 Lanes Lengths/ 1 Lanes Exercise	6 - 8am 5 Lanes Lengths/ 1 Lanes Exercise	6am - 12pm 5 Lanes Lengths/ 1 Lanes Exercise	6 - 8am 5 Lanes Lengths/ 1 Lanes Exercise	6 - 12pm 5 Lanes Lengths/ 1 Lanes Exercise)	8 - 10am (5 Lanes Lengths/ 1 Lanes Exercise)	8 - 10am (5 Lanes Lengths/ 1 Lanes Exercise)
12 - 1:30pm 2 Lanes Length/ 4 Lanes Public	8 - 9:30am Closed for AQ Fit	12 - 1:30pm 2 Lanes Length/ 4 Lanes Public	8 - 9:30am Closed for AQ Fit	12 - 1:30pm 2 Lanes Length/ 4 Lanes Public	10 - 12pm Closed for Lessons	10 - 12pm Closed for Lessons
1:30 - 5pm 2 Lane Length/ 4 Lanes Public	9:30am - 10:30am 2 Lanes Lengths/ 1 Lanes Exercise	1:30 - 5pm 2 Lane Length/ 4 Lanes Public	9:30am - 10:30am 2 Lanes Lengths/ 1 Lanes Exercise	1:30 - 2:45pm 2 Lane Length/ 4 Lanes Public & Camps	12 - 4pm 2 Lanes Length 3 Lanes Public	12 - 4pm 2 Lanes Length 2 Lanes Public
5 - 7pm Closed for Lessons	10:30 - 12:00pm 5 Lanes Lengths/ 1 Lanes Exercise	5 - 7pm Closed for Lessons	10:30 - 12:00pm 5 Lanes Lengths/ 1 Lanes Exercise	2:45 - 4pm 2 Lanes Length/ 4 Lanes Public	4 - 9pm 2 Lanes Length/ 4 Lanes Public	4 - 9pm 2 Lanes Length/ 4 Lanes Public
7 - 9pm 2 Lanes Length/ 3 Lanes Public	12 - 5pm 2 Lanes Length/ 4 Lanes Public	7 - 10pm 2 Lane Lengths/ 4 Lanes Public	12 - 5pm 2 Lanes Length/ 4 Lanes Public	4 - 6pm 1 Lane Length/ 3 Lanes Public/2 Lanes Lessons		
9 - 10pm 2 Lane Lengths/ 4 Lanes Public	5 - 7pm Closed for Lessons		5 - 7pm Closed for Lessons	6 - 7pm 3 Lane Lengths/ 3 Lane Public		
	7 - 8pm 2 Lanes Public		7 - 8pm 3 Lanes Public	7 - 8pm 1 Lane Length/ 3 Lanes Public		
	8 - 10pm 2 Lane Lengths/ 4 Lane Public		8 - 10pm 2 Lane Lengths/ 4 Lane Public	8 - 10pm 2 Lanes Length/ 4 Lanes Public		



Aquatics Drop-In Schedule

Hyde Creek Recreation Centre

In effect August 8 - August 31

*Schedule altered during Statutory holidays and
subject to change without notice.**Lifeguards will exercise judgment when schedule
conflicts arise.

Leisure Pool (inclusive of hot areas)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 6am - 10pm	General Hours 8am - 9pm	General Hours 8am - 9pm
Public 6:00-9:00am	Public 6:00-10:00am	Public 6:00-9:00am	Public 6am-10pm	Public 6am - 1:30pm	Public 8 - 10am	Public 8 - 10am
Public/Lessons 9:00-10:45am	Public/Camps 10:00am-11:30am	Public/Lessons/ Camps 9:00-11:30am		Public/Camp 1:30-2:45pm	10 - 12pm Closed for Lessons	10 - 12pm Closed for Lessons
Public 10:45-5:00pm	Public 11:30-3:45pm	Public 11:30am-5:00pm		Public/User Group 2:45-7:30pm	Public 12 - 9pm	Public 12 - 9pm
Public/Lessons 5:00-7:00pm	Public/User Group 3:45-7:30pm	Public/Lessons 5:00-7:00pm		Public 7:30-10pm		
Public 7:00-10:00pm	Public 7:30-10:00pm	Public 7:00-10:00pm				

Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Shallow / Deep Fit (lap pool) 8:10 - 9:10am With Sonia		Shallow / Deep Fit (lap pool) 8:10 - 9:10am With Sonia			

