

Port Coquitlam Community Centre

Drop-In Schedule

In effect Oct 19 - Dec 18

*Schedule altered during Statutory holidays and subject to change without notice.

**Lifeguards will exercise judgment when schedule conflicts arise.

Leisure Pool

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

6am - 4pm Public Swim	6am - 9am Public Swim	6am - 4pm Public Swim	6am - 9am Public Swim	6am - 4pm Public Swim	10:30am - 1pm Public Swim/ Lessons	10:30am - 1pm Public Swim/ Lessons
4:00-6:15pm Public Swim / User Group/Lessons	9 - 11:15am Public Swim/ Lessons	4:00-6:15pm Public Swim / User Group/Lessons	9 - 11:15am Public Swim/ Lessons	4 - 6:15pm Public Swim/ Lessons	1pm - 3pm Running Mat/ Public Swim	1 - 9pm Public Swim
6:15-7pm Public Swim	11:15 - 4pm Public Swim / Light Fit/Sensory Swim	6:15-7pm Public Swim	11:15 - 3pm Public Swim	6:15 - 10pm Public Swim	3pm - 9pm Public	
7-8pm Public Swim/ Lessons	4 - 6pm Public Swim/User Group (5-5:45pm)/ Lessons	7-8pm Public Swim/ Lessons	3 - 4:30pm Public Swim/ Sensory Swim			
8-10pm Public Swim	6:15 - 10pm Public Swim	8-10pm Public Swim	4:30 - 6:15pm Public Swim/ Lessons			
			6:15 - 10pm Public Swim			

Port Coquitlam Community Centre | 2150 Wilson Ave | 604.927.7529

Register at portcoquitlam.ca/register

Port Coquitlam Community Centre

Drop-In Schedule

In effect June 27 - September 6

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Lengths

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

6am - 10pm 1 Unstructured/ 1 Length	6am - 12:30pm 1 Unstructured/ 1 Length 12:30-2pm Sensory Swim 1 Unstructured/ 1 Length 2:00 - 5:00pm 1 Unstructured/ 1 Length 6:00 - 10:00pm 1 Unstructured/ 1 Length	6am - 10pm 1 Unstructured/ 1 Length	6am - 3:00pm 1 Unstructured/ 1 Length 3:00 - 4:30pm Sensory Swim 1 Unstructured/ 1 Length 4:30 - 10:00pm 1 Unstructured/ 1 Length	6am - 10pm 1 Unstructured/ 1 Length	10:30 - 1pm 1 Unstructured/ 1 Length 1 - 3pm Running Mat 3 - 9pm 1 Unstructured/ 1 Length	10:30am - 9pm 1 Unstructured/ 1 Length
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Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Aqua Light Fit Express 11:45-12:30pm With Lesile					

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PORT COQUITLAM
RECREATION