

# Port Coquitlam Community Centre Drop-In Schedule

In effect March 30 - April 26

\*Schedule altered during Statutory holidays and subject to change without notice.

\*\*Lifeguards will exercise judgment when schedule conflicts arise.

## Leisure Pool

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**General Facility Hours:** Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm **Closed April 7-16**

6am - 12pm Public Swim	6am - 11:45am Public Swim	6am - 12pm Public Swim	6am - 12pm Public Swim	6am - 11:00am Public Swim	10:30am - 1pm Public Swim/User Group	10:30am - 3:45pm Public Swim
12 - 7:30pm Public Swim / User Group	9am - 11:15am Lessons/ Public Swim	12pm - 8:15pm Public Swim / User Group	12pm - 3pm Public Swim/ Sensory Swim	11:00am - 11:45am Public Swim AQ Fitness	1pm - 3pm Running Mat/ Public Swim/User Group	3:45pm - 9pm Public Swim
7:30 - 10pm Public Swim	11:15am - 12:30pm Public Swim/ AQ Fit	8:15pm - 10pm Public Swim	3pm - 4:30pm Public Swim/ Sensory Swim/ User Group	11:45am - 8:15pm Public Swim/User Group	3pm - 4pm Public Swim/User Group	
	12:30 - 2pm Public Swim/ Sensory Swim		4:30pm - 7:30pm Public Swim	8:15pm - 10pm Public Swim	4pm - 9pm Public Swim	
	2-7:30pm Public Swim/User Group		7:30pm - 10pm Public Swim			
	7:30 - 10pm Public Swim					

Port Coquitlam Community Centre | 2150 Wilson Ave | 604.927.7529

Register at [portcoquitlam.ca/register](http://portcoquitlam.ca/register)



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## Lengths

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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**General Facility Hours:** Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm **Closed April 7-16**

<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 5pm</b> 1 Unstructured/ 1 Length</p> <p><b>5-5:50pm</b></p> <p><b>Closed</b> <b>(No length or unstructured lanes)</b></p> <p><b>5:50 - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>10:30 - 1pm</b> 1 Unstructured/ 1 Length</p> <p><b>1 - 3pm</b> Running Mat</p> <p><b>3 - 9pm</b> 1 Unstructured/ 1 Length</p>	<p><b>10:30am - 9pm</b> 1 Unstructured/ 1 Length</p>
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## Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p><b>Aqua Light Fit Express</b> 11:45am - 12:30pm</p> <p>With Leslie</p>			<p><b>Aqua Fusion</b> 11 - 11:45am</p> <p>With Tammy</p>		

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PORT COQUITLAM  
RECREATION