

# Port Coquitlam Community Centre Drop-In Schedule

In effect March 14 - March 29

\*Schedule altered during Statutory holidays and subject to change without notice.

\*\*Lifeguards will exercise judgment when schedule conflicts arise.

## Leisure Pool

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**General Facility Hours:** Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

6 - 9am Public Swim	6 - 9am Public Swim	6 - 9am Public Swim	6 - 9am Public Swim	6 - 9am Public Swim	10:30am - 4pm Public Swim/ User Group	10:30am - 4pm Public Swim/ User Group
9 - 11:15am Lessons/ Public Swim	9 - 11:15am Lessons/ Public Swim/ User Groups	9 - 11:15am Lessons/ Public Swim/ User Groups	9 - 11:15am Lessons/ Public Swim/ User Groups	9 - 11:15am Lessons/ Public Swim/ User Groups	1 - 3pm Running Mat/ Public Swim	4 - 9pm Public Swim
11:15am - 1:30pm Public Swim / User Groups	11:15am - 3:00pm Public Swim/ Les- sons/User Groups	11:15am - 3:00pm Public Swim/ Les- sons/User Groups	11:15am - 1:30pm Public Swim / User Groups	11:15am - 3:00pm Public Swim/ Les- sons/User Groups	3 - 9pm Public Swim	
1:30 - 3:00pm Public Swim / Camps	3:00 - 7:30pm Public Swim/User Groups	3:00 - 8:15pm Public Swim/User Groups	1:30 - 3:00pm Public Swim / Camps	3:00 - 8:15pm Public Swim/User Groups		
3:00 - 7:30pm Public Swim/User Groups	7:30 - 10pm Public Swim	8:15 - 10pm Public Swim	3:00 - 4:30pm Public Swim/User Groups/Sensory Swim	8:15 - 10pm Public Swim		
7:30 - 10:00pm Public Swim			4:30 - 7:30pm Public Swim/User Group			
			7:30 - 10:00pm Public Swim			

Port Coquitlam Community Centre | 2150 Wilson Ave | 604.927.7529

Register at [portcoquitlam.ca/register](https://portcoquitlam.ca/register)



# Port Coquitlam Community Centre Drop-In Schedule

In effect March 14 - March 29

\*Schedule altered during Statutory holidays and subject to change without notice.

\*\*Lifeguards will exercise judgment when schedule conflicts arise.

## Lengths

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

**General Facility Hours:** Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 12:30pm</b> 1 Unstructured/ 1 Length</p> <p><b>12:30 - 2pm</b> 1 Unstructured/ 1 Length <b>Sensory Swim</b></p> <p><b>2 - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 3pm</b> 1 Unstructured/ 1 Length</p> <p><b>3- 4:30pm</b> 1 Unstructured/ 1 Length <b>Sensory Swim</b></p> <p><b>4:30 - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>6am - 10pm</b> 1 Unstructured/ 1 Length</p>	<p><b>10:30 - 1pm</b> 1 Unstructured/ 1 Length</p> <p><b>1 - 3pm</b> Running Mat</p> <p><b>3 - 9pm</b> 1 Unstructured/ 1 Length</p>	<p><b>10:30am - 9pm</b> 1 Unstructured/ 1 Length</p>
---	---	---	--	---	---	--

## Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

Port Coquitlam Community Centre | 2150 Wilson Ave | 604.927.7529

Register at [portcoquitlam.ca/register](http://portcoquitlam.ca/register)



PORT COQUITLAM  
RECREATION