

Port Coquitlam Community Centre

Drop-In Schedule

In effect January 5 - March 13

*Schedule altered during Statutory holidays and subject to change without notice.

**Lifeguards will exercise judgment when schedule conflicts arise.

Leisure Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

6am - 4pm Public Swim	6 - 9am Public Swim	6am - 4pm Public Swim	6 - 9am Public Swim	6am - 11:00am Public Swim	10:30am - 1pm Public Swim	10:30am - 9pm Public Swim
4 - 6:15pm Public Swim / Lessons	9 - 11:15am Lessons/ Public Swim	4 - 6:15pm Public Swim / Lessons	9 - 11:15am Lessons/ Public Swim	11:00 - 11:45am Public Swim AQ Fitness	1 - 3pm Running Mat/ Public Swim	
6:15 - 10pm Public Swim	11:15am - 12:30pm Public Swim/ AQ Fit	6:15 - 10pm Public Swim	11:15am - 3pm Public Swim/ Sensory Swim	11:45am - 4pm Public Swim	3 - 9pm Public Swim	
	12:30 - 2pm Public Swim/ Sensory Swim		3 - 4:30pm Public Swim/ Sensory Swim/	4 - 6:15pm Public Swim / Lessons		
	2-4pm Public Swim		4:30- 6:15pm Public Swim / Lessons	6:15 - 10pm Public Swim		
	4 - 6:15pm Public Swim / Lessons		6:15 - 10pm Public Swim			
	6:15 - 10pm Public Swim					

Port Coquitlam Community Centre | 2150 Wilson Ave | **604.927.7529**

Register at portcoquitlam.ca/register



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Lengths

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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General Facility Hours: Monday - Friday 6am - 10pm, Saturday & Sunday 10:30am - 9pm

6am - 10pm 1 Unstructured/ 1 Length	6am - 5pm 1 Unstructured/ 1 Length 5-5:50pm Closed (No length or unstructured lanes) 5:50 - 10pm 1 Unstructured/ 1 Length	6am - 10pm 1 Unstructured/ 1 Length	6am - 10pm 1 Unstructured/ 1 Length	6am - 10pm 1 Unstructured/ 1 Length	10:30 - 1pm 1 Unstructured/ 1 Length 1 - 3pm Running Mat 3 - 9pm 1 Unstructured/ 1 Length	10:30am - 9pm 1 Unstructured/ 1 Length
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Aqua Fit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Aqua Light Fit Express 11:45am - 12:30pm With Leslie			Aqua Fusion 11 - 11:45am With Tammy		

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