



### LEGEND

- Traboulay PoCo Trail – South Pitt River
- Traboulay PoCo Trail – Colony Farm
- Traboulay PoCo Trail – Downtown
- Traboulay PoCo Trail – Coquitlam River/Hyde Creek
- Traboulay PoCo Trail – DeBoville Slough/ North Pitt River
- Paved Section of the Trail
- TransCanada Trail
- Bridge or Overpass/Underpass
- Primary Access Point
- Secondary Access Point
- ▲ Neighbourhood Access Point
- Viewpoint Panoramic
- P Parking
- W Washrooms
- Picnic Shelter

#### DISTANCES:

Hyde Creek Recreation Centre to DeBoville Slough:	1.8km
DeBoville Slough to Prairie Avenue:	2.9km
Prairie Avenue to Dominion Avenue:	1.5km
Dominion Avenue to Peace Park:	4.9km
Peace Park to Pitt River Road:	1.4km
Pitt River Road to Shaughnessy Street:	2.2km
Shaughnessy Street to Red Bridge:	4.2km
Red Bridge to Gates Park:	1.5km
Gates Park to Lions Park:	1.0km
Lions Park to Hyde Creek Recreation Centre:	3.9km
<b>Total kilometres:</b>	<b>25.3km</b>

#### WILDLIFE ALERT

Bears and other wildlife are sometimes seen along the Traboulay PoCo Trail; please use caution. Keep dogs leashed and in control, and prevent encounters by making noise or using a bear bell. If you encounter a bear, slowly back away while talking to the bear. If you see a bear eating garbage or behaving aggressively, call the Provincial Conservation Officer at 1-800-663-9453.

If you observe a bear on Port Coquitlam's trails or in a park, call the City at 604-927-5480.

For more bear-related information and tips, visit [www.bearaware.bc.ca](http://www.bearaware.bc.ca) and [www.portcoquitlam.ca/bears](http://www.portcoquitlam.ca/bears).

#### South Pitt River

The Traboulay PoCo Trail in this section winds past the CPR freight and repair yard, Pitt River Bridge and other river-based industry. Peace Park and the Citadel Landing boardwalk are other features of this stretch of trail, which offers scenic views of the river and Douglas Island as well as the resident birds and plantlife.

#### Colony Farm

This stretch of trail traverses historic Colony Farm, a rich floodplain and one of the most biodiverse parts of the region. More than 150 bird species, as well as mammals and fish, live among the marshes, forests and varied riparian vegetation that includes bulrushes and wild roses.

#### Downtown

Lined with trees and following the scenic Coquitlam River, the paved Downtown stretch—popular with inline skaters—winds through areas where local residents live, play, and work. The trail snakes around Gates Park, with its busy soccer and softball fields, and continues on to Lions Park, whose impressive playground is a draw for families.

#### Coquitlam River/ Hyde Creek

North of Lougheed Highway, the trail turns to gravel and the sound of traffic fades into the distance. Migrating salmon are commonly seen in the Coquitlam River as well as the side channels and ponds created as additional salmon habitat. If you're lucky, you'll spot a painted turtle near the ponds. After the trail curves to the east, it passes through parks and neighbourhoods before approaching the hatchery on Hyde Creek, another prime spot for viewing salmon.

#### DeBoville Slough/ North Pitt River

This portion of unpaved trail follows DeBoville Slough and the north Pitt River, offering splendid views of farmland and the mountains, including the Golden Ears. The slough—habitat for a variety of bird species, fish and wildlife—is a tranquil wetland at the confluence of creeks flowing down from Burke Mountain. It joins with Pitt River, which offers views of boat activity and log booms.

This is a good spot to see birds such as killedeer, Bald Eagles, Northern Shuffler Ducks and Double-Breasted Cormorants. Native plants include hawthorne and crabapple, while salmon can be viewed in Brown Creek.

Keep your eyes open for Short-Eared Owls, Great Blue Heron, Northern Harriers (hawks), river otters and beavers. You can spot lupins flowering along the dyke, watch salmon in its natural habitat, and see plenty of Red-Wing Blackbirds in the spring.

Pearly Everlasting flowers and Red Osher Dogwood bushes are common along this stretch of trail. You'll see salmonberries and Bigleaf Maples, and be sure to keep an eye on the Coquitlam River for migrating Salmon.

Vegetation lines the trail; watch for trillium flowers, huckleberry and oceanspray bushes, and cascara and hazelnut trees. Birdlife includes Pileated Woodpeckers, Cedar Waxwings, Golden-crowned Kinglets and Stellar's Jays.

Watch for kingfishers, osprey, Green-Backed Heron, Bald Eagles and the occasional Greater Sandhill Crane. The vegetation on this stretch is also diverse, featuring wild rose and beautiful stands of cottonwood trees as well as crabapple, alder and birch.



