

The PoCo Trail began to take shape in the early 1970s, thanks to a dedicated group of volunteers called the PoCo Trail Blazers. Sections were added and improved throughout the years, connecting more and more residents with community amenities and the area's natural wonders.

In 2001, the trail was renamed the Traboulay PoCo Trail in honour of Port Coquitlam's 13th mayor, the late Len Traboulay, who served as mayor for 19 years.

SOUTH PITT RIVER —

The Traboulay PoCo Trail in this section winds past the CPR freight and repair yard, Pitt River Bridge and other river-based industry. Peace Park and the Citadel Landing boardwalk are other features of this stretch of trail, which offers scenic views of the river and Douglas Island as well as the resident birds and plantlife.

This is a good spot to see birds such as killdeer, Bald Eagles, Northern Shovelers and Double-Breasted Cormorants. Native plants include black hawthorne and Pacific crabapple.

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This stretch of trail traverses historic Colony Farm, a rich floodplain and one of the most biodiverse parts of the region. More than 150 bird species, as well as mammals and fish, live among the marshes, forests and varied riparian vegetation that includes bulrushes and wild roses.

Keep your eyes open for Short-Eared Owls, Great Blue Heron, Northern Harriers (hawks), River Otters and beavers. You can spot large-leaved lupines along the dyke, watch salmon in its natural habitat, and see plenty of Red-Winged Blackbirds in the spring.

DOWNTOWN —

Lined with trees and following the scenic Coquitlam River, the paved Downtown stretch – popular with inline skaters – winds through areas where local residents live, play, and work. The trail snakes around Gates Park, with its busy soccer and softball fields, and continues on to Lions Park, whose impressive playground is a draw for families.

Pearly everlasting flowers and Red-Osier Dogwoods are common along this stretch of the trail. You'll see salmonberries and big leaf maples, and be sure to keep an eye on the Coquitlam River for migrating Salmon.

COQUITLAM RIVER/HYDE CREEK —

North of Lougheed Highway, the trail turns to gravel and the sound of traffic fades into the distance. Migrating salmon are commonly seen in the Coquitlam River as well as the side channels and ponds created as additional salmon habitat. If you're lucky, you'll spot a painted turtle near the ponds. After the trail curves to the east, it passes through parks and neighbourhoods before approaching the hatchery on Hyde Creek, another prime spot for viewing salmon.

Vegetation lines the trail; watch for western trillium flowers, red huckleberry and oceanspray bushes, and cascara and beaked hazelnut trees. Birdlife includes Pileated Woodpeckers, Cedar Waxwings, Golden-crowned Kinglets and Stellar Jays.

DEBOVILLE SLOUGH/NORTH PITT RIVER —

This portion of unpaved trail follows DeBoville Slough and the north Pitt River, offering splendid views of farmland and the mountains, including the Golden Ears. The slough, habitat for a variety of bird species, fish and wildlife – is a tranquil wetland at the confluence of creeks flowing down from Burke Mountain. It joins with Pitt River, which offers views of boat activity and log booms.

Watch for Belted Kingfishers, Ospreys, Green Herons, Bald Eagles, Bald Eagles and the occasional Greater Sandhill Crane. The vegetation on Sandhill Crane. The vegetation on this stretch is also diverse, this stretch is also diverse, featuring Nootka rose and beautiful stands of black cottonwood as well as Pacific crabapple, red alder and paper birch.

CITY OF PORT COQUITLAM

Discover the Traboulay PoCo Trail



This 25-kilometre trail encircles the City of Port Coquitlam, traversing a varied landscape that includes forest and creek, meadow and marsh, riverfront and urban development. The loop of gravel and paved paths offers those on foot, bicycle, skate and even horseback an opportunity to enjoy nature, be active and discover the community.

For more information, visit:

portcoquitlam.ca/traboulay





Coquitlam

Port Coquitlam

Pitt Meadows



Legend

- Traboulay PoCo Trail – South Pitt River**
- Traboulay PoCo Trail – Colony Farm**
- Traboulay PoCo Trail – Downtown**
- Traboulay PoCo Trail – Coquitlam River/Hyde Creek**
- Traboulay PoCo Trail – DeBoville Slough/ North Pitt River**
- Paved Section of the Trail**
- TransCanada Trail**
- Bridge or Overpass/Underpass**
- Primary Access Point**
- Secondary Access Point**
- Neighbourhood Access Point**
- Viewpoint Panoramic**
- Parking**
- Washrooms**
- Picnic Shelter**

DISTANCES:

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|---|---------------|
| Hyde Creek Recreation Centre to DeBoville Slough: | 1.8km |
| DeBoville Slough to Prairie Avenue: | 2.9km |
| Prairie Avenue to Dominion Avenue: | 1.5km |
| Dominion Avenue to Peace Park: | 4.9km |
| Peace Park to Pitt River Road: | 1.4km |
| Pitt River Road to Shaughnessy Street: | 2.2km |
| Shaughnessy Street to Red Bridge: | 4.2km |
| Red Bridge to Gates Park: | 1.5km |
| Gates Park to Lions Park: | 1.0km |
| Lions Park to Hyde Creek Recreation Centre: | 3.9km |
| Total kilometres: | 25.3km |

WILDLIFE ALERT

Bears and other wildlife are sometimes seen along the Traboulay PoCo Trail; please use caution. Keep dogs leashed and in control, and prevent encounters by making noise or using a bear bell. If you encounter a bear, slowly back away while talking to the bear. If you see a bear eating garbage or behaving aggressively, call the Provincial Conservation Officer at 1-800-663-9453.

If you observe a bear on Port Coquitlam's trails or in a park, call the City at 604-927-5480.

For more bear-related information and tips, visit www.bearaware.bc.ca and www.portcoquitlam.ca/bears.

Discover the
Traboulay PoCo Trail
portcoquitlam.ca/traboulay