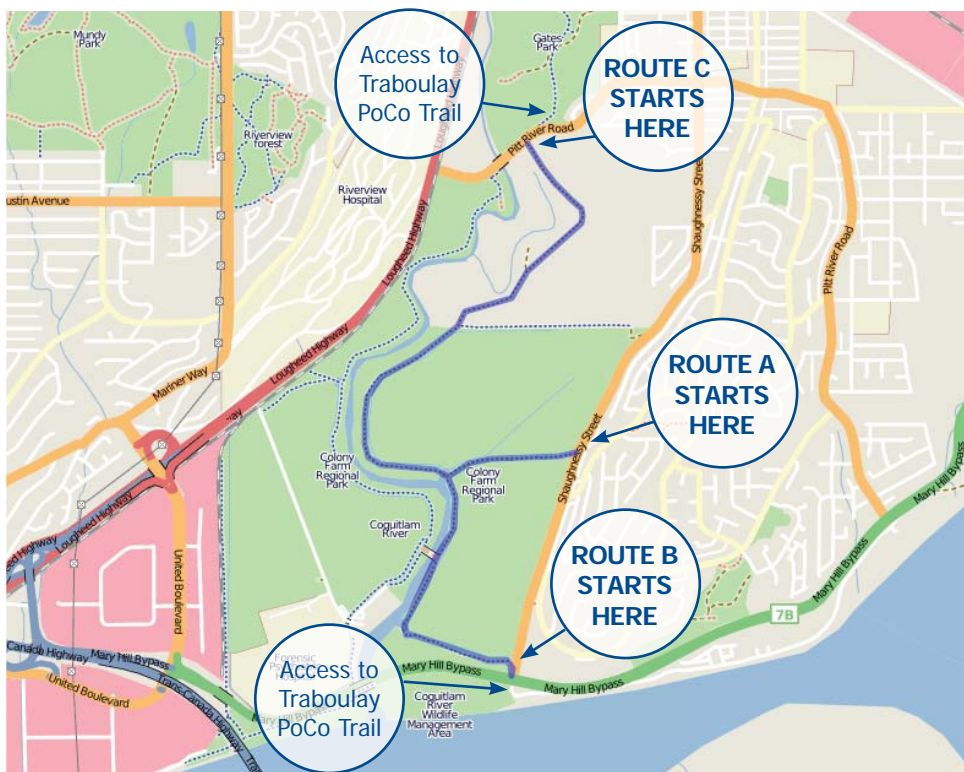


Colony Farm Regional Park



Colony Farm Regional Park

STARTING POINTS, ROUTES AND DISTANCES

A – Shaughnessy to Millennium Bridge

Start at the entrance off Shaughnessy Street and follow the Pumphouse Trail. Turn left at the Traboulay PoCo Trail and proceed to the bridge (2.2 km return)

B – Argue Street to Millennium Bridge

Start at the parking lot on Argue Street near Mary Hill Bypass. Cross at the light (left side) to access the trail entering Colony Farm and follow it to the bridge (3 km return)

C – Red Bridge to Millennium Bridge

Start at the Red Bridge parking lot and cross under Pitt River Road. Follow the trail through the Kwikwetlem First Nation reserve into Colony Farm to the bridge (6.5 km return)

DIFFICULTY

Easy to moderate

TERRAIN

Level, packed gravel

HIGHLIGHTS

- Former farmland that is now habitat for over 180 species of birds and wildlife, including coyotes, song birds, birds of prey, waterfowl, beaver and river otter
- Wildflowers and grasses
- Perch poles
- Scenic grassland and riverside trail
- Part of Traboulay PoCo Trail and access to many other trails

GOOGLE PEDOMETER MAP

www.gmap-pedometer.com/?r=3985840

