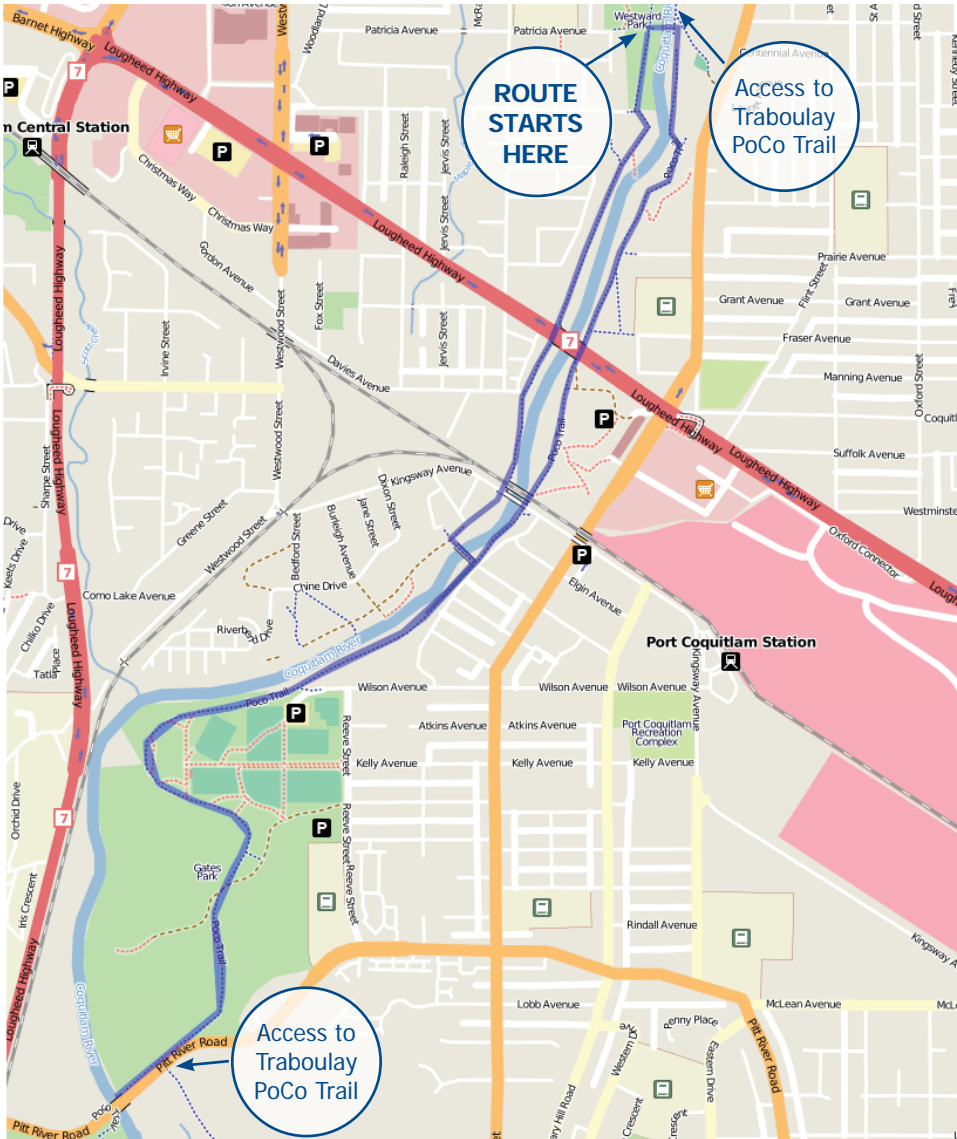


Coquitlam River Loop



Coquitlam River Loop

STARTING POINT

Westwood Park, 2399 Patricia Avenue

ROUTE

- From Westwood Park, follow the Trans Canada Trail across the Patricia Avenue pedestrian bridge
- Take the path along the Coquitlam River, passing through Lions and Gates Parks
- Turn around at the Red Bridge at Pitt River Road, follow the trail back to the Patricia Avenue pedestrian bridge and cross to the other side
- Follow Ticehurst Lane to Kingsway Avenue, take the trail under the bridge and continue to Westwood Park
- Route accessible from many points

DIFFICULTY

Advanced

DISTANCE

7.8 km

TERRAIN

Level paved and hard-packed dirt/gravel

HIGHLIGHTS

- Lions and Gates Parks
- Riverside trails
- Forest walk
- Access to Trans Canada Trail
- Part of the Traboulay PoCo Trail
- Pedestrian bridge

GOOGLE PEDOMETER MAP

www.gmap-pedometer.com/?r=3944893

