STARTING POINT
Multiple entry points

ROUTE
• The Traboulay PoCo Trail circles the city
• The loop trail will bring you back to your starting point

DIFFICULTY
Advanced

DISTANCE
25-km loop

TERRAIN
• Mostly level with paved and packed dirt/gravel

HIGHLIGHTS
• Traverses forests, creeks, rivers, meadows, marshes, riverfront and urban development
• Lions, Gates, Peace, Coquitlam River Parks and others
• Citadel Landing boardwalk
• DeBoville Slough
• Hyde Creek nature reserve
• Views of the Coquitlam, Fraser and Pitt Rivers
• Mountain views

GOOGLE Pedometer Map
www.gmap-pedometer.com/?r=3982725

Walking resources and more: www.pocomotion.ca