**STARTING POINT**
Westwood Park, 2399 Patricia Avenue

**ROUTE**
- From Westwood Park, follow the Traboulay PoCo Trail as it winds along the Coquitlam River, through Wellington Park, past the Hyde Creek Education Centre and Hatchery, to the south side of the DeBoville Slough
- Once the trail arrives at the Pitt River, follow the dike to the Pitt River Bridge
- Return

**DIFFICULTY**
Advanced

**DISTANCE**
20.2 km

**TERRAIN**
Level packed dirt/gravel with some paved roadways

**HIGHLIGHTS**
- Part of the Traboulay PoCo Trail and the Trans Canada Trail
- Riverside trails
- Forest walk
- Hyde Creek nature reserve
- Mountain views
- Waterfowl
- Wildlife
- Farmland

**GOOGLE PEDOMETER MAP**
www.gmap-pedometer.com/?r=3944975

Walking resources and more: www.pocomotion.ca