

Wellness Wednesday

PLAYDOUGH RECIPE

INGREDIENTS

- 2 Cups Flour
- 1 Cup Salt
- 3 Tsp Cream of Tartar
- 2 Cups Water
- 3 Tbsp Vegetable Oil

INSTRUCTIONS

1. Combine the dry ingredients in a saucepan.
2. In a bowl, mix together water, oil and food coloring, add to the dry ingredients.
3. Cook over medium heat until mixture forms a ball.
4. Remove from heat and knead until smooth.
5. Store in airtight container in a cool place.

