

OUTDOOR POOL ACTIVITIES

Effective: September 5-7, 2020

Register for aquatic activities at portcoquitlam.ca/register. All activities require registration. Schedule is subject to change based on community needs.

CENTENNIAL POOL

LENGTH SWIMMING

Mon 10:00 – 11:00am

11:15am - 12:15pm

Sat/Sun 10:00 - 11:00am

11:15am - 12:15pm

5:30 - 6:30pm

6:45 - 7:45pm

PUBLIC SWIM

Mon 12:30 – 1:30pm

1:45 - 2:45pm

3:00 - 4:00pm

Sat/Sun 1:45 – 2:45pm

3:00 - 4:00pm

4:15 - 5:15pm

See other side for
Robert Hope Pool Schedule.

OUTDOOR POOL ACTIVITIES

Effective: September 8-October 4, 2020

Register for aquatic activities at portcoquitlam.ca/register. All activities require registration. Schedule is subject to change based on community needs.

ROBERT HOPE POOL

AQUATIC FITNESS

Mon/Wed/Fri 2:00 – 2:45pm

SWIM LESSONS

Mon/Wed 3:30 - 6:30pm

Tues/Thurs 3:30 - 6:30pm

Sat/Sun 8:30 – 11:30am

RENTAL TIME

Sat/Sun 12:15 – 1:00pm

PUBLIC SWIM

Tues / Thurs 6:30 - 7:15pm

Fri 3:30 - 4:15pm

4:30 - 5:15pm

5:30 - 6:15pm

Sat/Sun 1:15 – 2:00pm

2:15 – 3:00pm

3:15 – 4:00pm

See other side for
Centennial Pool Schedule.

OUTDOOR POOL ACTIVITIES

Effective: September 8-October 18, 2020

Register for aquatic activities at portcoquitlam.ca/register. All activities require registration. Schedule is subject to change based on community needs.

CENTENNIAL POOL

AQUATIC FITNESS (Shallow)

Mon/Wed/Fri 7:30 - 8:30am

Tues/Thurs 11:15am – 12:15pm
6:30 - 7:30pm

AQUATIC FITNESS (Deep)

Mon/Wed/Fri 7:30 - 8:30am

Tues/Thurs 6:30 - 7:30pm

WATER RUNNING (Deep)

Tues/Thurs 11:15am - 12:15pm

SWIM LESSONS

Tues/Thurs 3:30 - 6:15pm

Fri 3:45 - 5:45pm

Sat/Sun 10:15am – 12:15pm

PUBLIC SWIM

Mon/Wed 3:00 - 3:45pm

Tues/Thurs 2:45 - 3:15pm

Fri 2:45 - 3:30pm

Sun 1:30 - 2:30pm

LENGTH SWIMMING

Mon/Wed/Fri 6:15 – 7:15am

8:45 - 9:45am

10:00 - 11:00am

11:15am - 12:15pm

12:30 - 1:30pm

1:45 - 2:45pm

1:45 - 2:30pm (Fri)

Tues/Thurs 6:15 - 7:15am

7:30 - 8:30am

8:45 - 9:45am

10:00 - 11:00am

12:30 - 1:30pm

1:45 - 2:30pm (Tuesdays)

1:45 - 2:15pm (Thursdays)

Sat/Sun 12:30 - 1:15pm (No Sept. 12)