

Stuck In the Mud



What you need:

Farm animal figures
Cornstarch
Unsweetened cocoa
Water

What to do:

The reason that it is such an awesome sensory item, is that if mixed in the right proportions, it's solid when you scoop it up and squeeze it, but turns to liquid and "melts away" when you open your hands!

- Mix 1 cup of cornstarch with 1/2 cup water.
- Add in a few tablespoons of unsweetened cocoa to make it look like mud and also smell delicious.
- Start mixing everything together (it will be very stiff). Begin adding water a little at a time until you reach the consistency that mentioned above. You'll notice that the mixture hardens as you stir and then looks like liquid again a few seconds later.
- If it becomes too runny, simply add a little more cornstarch
- Pour the "mud" into a tray or bowl and add your farm animals.